Onondaga Citizens League

May 21, 2013

Onondaga County Health
Department

Healthy Families Division Facilitated Enrollment

Onondaga County Health Department

 Mission: To protect and improve the health of all Onondaga County residents

 Vision: A community of partners working together for the physical, social and emotional well-being of all.

Defining HEALTH for Children Birth-Five

What does this mean?

- Access to health care and insurance
- Prenatal care and postpartum support
 - Early and regular prenatal visits
 - Attention to postpartum health and maternal mental health
- Physical well-being
 - Well child visits
 - Immunizations
- Development
 - Cognitive
 - Language
 - Motor
 - Adaptive
 - Social-emotional (mental health)

What do we know?

- Birth-5 cohort:
 27,097 live births in Onondaga County from
 2008-2012
 - ◆ 42.4% paid by Medicaid
 - 1,345 mothers self-reported illegal drug use during pregnancy (5%)
 - ♦ 8,132 (24.7%) children birth to age 5 in Onondaga County are living in poverty*
 - ◆ 1,306 (4.0%) children birth to age 5 have no insurance*

Effects of Health on Early Childhood Outcomes

"The evidence is clear: Early health and early childhood development from birth to age 5 is a form of preventive health <u>and</u> economic investment that drives development and economic returns."

G. Conti and J. Heckman, "Early Childhood Development:Creating Healthy Communities with Greater Efficiency and Effectiveness," Open Forum: Voices and Opinions from Leaders in Policy, the Field, and Academia. Investing in What Works for America's Communities, a joint project of the Federal Reserve Bank of San Francisco and the Low Income Investment Fund.

Book available: connect@whatworksforamerica.org

Education AND early life factors affect health

Lesson 1: Develop the whole child.

- Must look beyond assessing cognitive ability
 - ◆Physical and mental health
 - ◆Attention
 - ◆ Motivation
 - →Self confidence

Education AND early life factors affect health

Lesson 2: Inequalities open up early in life.

- Parental resources, skills and abilities matter greatly
- "no rich child left behind"
- Gaps appear before children enter kindergarten

Education AND early life factors affect health

- Lesson 3:Early intervention is far more effective than later remediation.
 - Child poverty is not just a factor of family financial resources

"A healthy child free of asthma and lead poisoning is a child ready to engage, who will learn more, and who is more likely to be a productive adult." (Conti and Heckman)